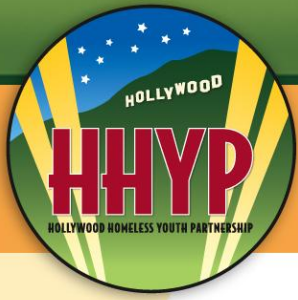
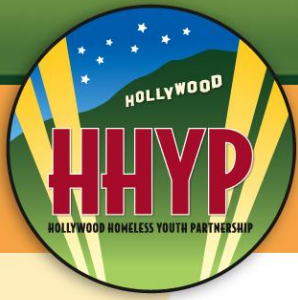


# Competency



# Physical Development

- Healthy habits (nutrition, exercise)
- Good hygiene
- Regular check ups (medical, dental)
- Risk management skills (seat belts, condoms)



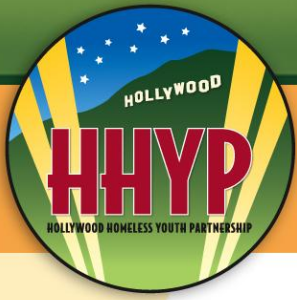
## Intellectual Development

- Knowledge of essential life skills
- Knowledge of essential vocational skills
- Critical thinking and reasoning
- Knowledge of more than one culture
- Decision-making skills
- Planning for the future



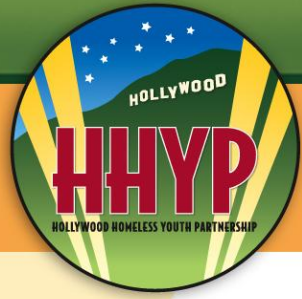
## Psychological/Emotional Development

- Positive self regard
- Conflict resolution skills
- Sense of autonomy
- Optimism coupled with realism
- Recognition of right and wrong and impact of actions
- Self regulation skills
- Positive coping skills



# Social Development

- Connectedness with parents, peers, and other adults
- Sense of belonging to society
- Attachment to pro-social institutions (school, church, etc)
- Ability to navigate in multiple cultural contexts
- Commitment to civic engagement



# Competency Challenges for Homeless Youth